





Three Sisters Memory Care Community

SEPTEMBER



2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Definitions: Rise and Shine = Movement with meaning, Stretching, Parachute Games, Balloon Volleyball, Scarf Dance, Sing-A-Longs, Laughing Yoga, Word Trigger and/or Brain Gym.</p> <p>Therapeutic Lounge = Writer's Group, Everyday Pictures, Life Stories, Book Club, Bingo, Memory Magic, Shake Loose A Memory</p>			<p>1</p> <p>Catholic communion Heavenly Hand Spa Art with Bev @ 1:30 in Lily Ice cream Social Movie</p>	<p>2</p> <p>Ladies Spa Day</p> <p>Rise and Shine Music with Monte @ 10:00 in Lily Piano Hymns Bible Study</p>	<p>3</p> <p>Country Bus Ride</p> <p>Bakers Square Sing-A-Long Movie</p>	<p>4</p> <p>Devotions Rise and Shine</p> <p>Bingo Brain Teasers Lawrence Welk</p>
<p>5</p> <p>Puzzles and Massage</p> <p>Church Service @ 2:00 pm in Lily One on Ones Movie</p>	<p>6</p> <p>Country Bus Ride</p> <p>Brain Gym Scrabble Movie</p>	<p>7</p> <p>Devotions Laughing Yoga</p> <p>Walks outside Movie</p>	<p>8</p> <p>Catholic communion Heavenly Hand Spa Music with Keeley @ 1:30 in Lily Ice cream Social Movie</p>	<p>9</p> <p>Ladies Spa Day</p> <p>Rise and Shine Trivia Piano Hymns Bible Study</p>	<p>10</p> <p>Country Bus Ride</p> <p>Bingo Word games Movie</p>	<p>11</p> <p>Devotions Rise and Shine Veggie Workshop with Laurie Martin @ 2:00 in Lily</p> <p>Lawrence Welk</p>
<p>12</p> <p>Sensory</p> <p>Church Service @ 2:00 pm in Lily One on Ones Movie</p>	<p>13</p> <p>Country Bus Ride</p> <p>Brain Gym Therapeutic Lounge Movie</p>	<p>14</p> <p>Devotions Laughing Yoga</p> <p>Music with Marilyn @ 2:15 in Lily Shake Games Movie</p>	<p>15</p> <p>Catholic communion Heavenly Hand Spa Art with Bev @ 1:30 in Lily Ice cream Social Movie</p>	<p>16</p> <p>Ladies Spa Day</p> <p>Rise and Shine Fact of the Day Piano Hymns Bible Study</p>	<p>17</p> <p>Country Bus Ride</p> <p>Music with Dom – September Birthday Party @ 1:30 in Lily One on ones</p>	<p>18</p> <p>Devotions Rise and Shine</p> <p>Bakers Square Sing-A-Long Lawrence Welk</p>
<p>19</p> <p>Writer's Group</p> <p>Church Service @ 2:00 pm in Lily One on Ones Movie</p>	<p>20</p> <p>Country Bus Ride</p> <p>Brain Gym Banana Gram Movie</p>	<p>21</p> <p>Devotions Laughing Yoga</p> <p>Walks outside Movie</p>	<p>22</p> <p>Catholic communion Heavenly Hand Spa Music with Keeley @ 1:30 in Lily Ice Cream Social Movie</p>	<p>23</p> <p>Ladies Spa Day</p> <p>Rise and Shine Brain Teasers Piano Hymns Bible Study</p>	<p>24</p> <p>Country Bus Ride</p> <p>Brain Games Courtyard gardening Movie</p>	<p>25</p> <p>Devotions Rise and Shine</p> <p>Sensory Reminisce Lawrence Welk</p>
<p>26</p> <p>Sensory</p> <p>Church Service @ 2:00 pm in Lily One on Ones Movie</p>	<p>27</p> <p>Country Bus Ride</p> <p>Mandala Art Phil Hall @ 3:15 pm in Lily Movie</p>	<p>28</p> <p>Devotions Music with Greg Clarke @ 10:00 am in Lily</p> <p>Life Stories Movie</p>	<p>29</p> <p>Catholic communion Heavenly Hand Spa</p> <p>Laughing Yoga Ice cream Social Movie</p>	<p>30</p> <p>Ladies Spa Day</p> <p>Rise and Shine Trivia Piano Hymns Bible Study</p>	<p>Happy Birthday to: 9-4 Florence M. 9-6 Mona 9-14 Connie 9-15 Sergio 9-28 Tid S.</p> 	<p><i>School Days</i></p> 